



Kisik Lee Sydney Seminar 2015

Level 1, 2 and 3 Coaching Course

Location: Conference Room at Sydney Olympic Park Archery Centre, Bennelong Parkway, Sydney Olympic Park. **NB:** Location may change depending on number of attendees however it will still be held within the Sydney Olympic Park Area.

1. **Level 1 Training** (3 days) is available to all attendees. Benefit to archers, coaches and prospective coaches.
2. **Level 2 Training** (4 days) is only available to those who have previously achieved Level 1 or have previously attended a Level 1 Course. Those sitting Level 2 must sit Level 1 again to refresh.
3. **Level 2 Testing** is only available to those who have already achieved Level 1 prior to the start of the course.
4. **Level 3 Training** is only available to those who have been Level 2 qualified and training students in Mr Lee's methods for over 12 months.

Tuesday 15th December 2015

08:00 - 09:45	KSL Level 1
09:45 - 10:00	Morning Tea
10:00 - 12 Noon	KSL Level 1
12:00 - 13:00	Lunch
13:00 - 14:45	KSL Level 1
14:45 - 15:00	Afternoon Tea
15:00 - 16:00	KSL Level 1
16:00 - 18:00	Level 2 and 3 Training

Wednesday 16th December 2015

08:00 - 09:45	KSL Level 1
09:45 - 10:00	Morning Tea
10:00 - 12 Noon	KSL Level 1
12:00 - 13:00	Lunch
13:00 - 14:45	KSL Level 1
14:45 - 15:00	Afternoon Tea
15:00 - 16:00	KSL Level 1
16:00 - 18:00	Level 2 and 3 Training

Thursday 17th December 2015

8:00 - 09:45	KSL Level 1
09:45 - 10:00	Morning Tea
10:00 - 12 Noon	KSL Level 1
12:00 - 13:00	Lunch
13:00 - 14:45	KSL Level 1 Test
14:45 - 15:00	Afternoon Tea
15:00 - 16:00	Level 1 Presentations
16:00 - 18:00	Level 2 and 3 Training

Friday 18th December 2015

Level 2 and 3 Practical Tests. These are individual tests with Mr Lee. Level 2 must demonstrate ability to coach an archer using Mr Lee's methods. Level 3 must demonstrate ability to coach the coach using Mr Lee's methods.

Cost:

Level 1 (3 days): \$400 Includes morning and afternoon tea.

Level 2 (4 days): Free (sponsored by WAA and AIMS) Includes morning and afternoon tea.

Level 3 (4 days): Free (sponsored by WAA and AIMS) Includes morning and afternoon tea.

Level 2 coaches are also requested to attend and refresh accreditation.

Registration and Payment:

Please register and pay at www.sopa.com.au

Further Information: www.kisiklee.com

Contact: Jon Barnard - jon@kisiklee.com

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